## About the Author



Nancy B. Swigert, M.A., CCC-SLP, is president of Swigert & Associates, Inc., a private practice that has been providing services in the Lexington, Kentucky area for over 25 years. She evaluates and treats children and adults with voice disorders through her company's contractual agreement with Central Baptist Hospital. She works closely with several otolaryngology practices as well as a pulmonary group. Nancy is the author of five other products for LinguiSystems, *The Source for Dysphagia, The Source for Dysphagia, The Source for Pediatric Dysphagia, The Source for Reading Fluency*, and *The Early Intervention Kit*. She is very active in the American Speech-Language-Hearing Association, including serving as its president in 1998 and president of the American Speech-Language-Hearing Foundation in 2004-2005.

## **Dedication**

This book is dedicated to my mother, June Ballman, and my brother, Randy Ballman. Long before I even knew what a speech-language pathologist was, or that I wanted to be one, Randy provided my first exposure to voice disorders in children when he screamed so much as an infant that he developed vocal nodules. His nodules were surgically removed, perhaps because at that time there weren't speech-language pathologists easily accessible in schools or in clinics. I'm happy to report that he has a healthy voice now. Surely my mom deserves recognition for putting up with that much screaming ... and for nurturing the two of us over the years.

A special thank-you also goes to my husband, Keith, who became a second nurturer to me 30 years ago this year.

## Acknowledgments

Geri Cadle, executive assistant extraordinaire, for helping to keep me on track with researching and writing this book

Melinda Spurlock, for double and triple checking references and hunting down articles

Lonnie Wright and the staff at the Central Baptist Hospital Medical Library for the uncanny ability to find needed references in a flash

Edited by Lauri Whiskeyman Layout by Jamie Bellagamba Illustrations by Margaret Warner Cover Design by Jason Platt